

JULY 15, 2013

People

EXCLUSIVE

Matthew Perry's Addiction Battle

I'M LUCKY to BE ALIVE

HIS NEW PASSION: HELPING OTHERS

The beloved *Friends* star reveals his harrowing battle with drugs and alcohol—and his surprising new life



IT'S a BOY!

Jessica Simpson WELCOMES BABY ACE!



HOT STAR!

MELISSA McCARTHY
HER STRUGGLES & TRIUMPHS



AN NFL STAR CHARGED WITH MURDER



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Rachelle Lucas's TRAVEL PICKS



The blogger from the Travel Bite shares products to make your summer trip no sweat!

BRIGHT TOTE

"The best bags for travel cross over your body for security." Baggu Duck Bag, \$26; baggu.com

SOFT SLUMBER

"You can squish this pillow down to packing size, and the memory foam pops right back into place." Evolution Pillow, \$34.99; cabeau.com

CHILL OIL

"Refreshing peppermint calms your nerves." Blue Oil Balancing Concentrate, \$16.50; aveda.com

CHEWY TREAT

"Great for tummy troubles, like motion sickness." Gin Gins Ginger Candy, \$16.99; abesmarket.com

COOL BREEZE

"This fan is small enough to fit into a pocket." Wood fan, \$1; pier1.com

SPACE SAVER

"Dodge the \$6 bottles of water at the airport and fill this one up. It even packs flat!" Shades Anti-Bottle, \$9.99; vapor.us

CLEAN SWEEP

"These smell lovely! I use them to wipe down the tray table and arm rests on a plane." Sanitizing Towelettes, \$11.95; giovannicosmetics.com

LIGHT'S OUT

"It's curved so that you can blink with the mask still on!" Bucky Sleep Mask, \$12.95; rei.com